

## Neighbors Helping Neighbors

Working with your neighbors can save lives and property. Help them develop their individual plans. Together, plan how the neighborhood could work together to prepare for disasters.

For more information or for first aid and CPR classes, call your local chapter of the American Red Cross (580) 355-2480 or [www.redcross.org](http://www.redcross.org)

More information can also be found at:

[www.cityof.lawton.ok.us](http://www.cityof.lawton.ok.us).

[www.fema.gov](http://www.fema.gov)

<http://www.fema.gov/what-mitigation/plan-prepare>

[www.ok.gov/oem](http://www.ok.gov/oem)

**Information provided by**

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# All-Hazards Preparedness



***A public education effort brought to you by the City of Lawton.***



## Disaster Safety

**Potential disasters in our area include fire, flooding, severe weather, hazardous materials incidents, transportation accidents and drought.**

- Register for emergency notifications at [www.cityof.lawton.ok.us/alerts](http://www.cityof.lawton.ok.us/alerts).
- Find City of Lawton on Facebook or situation updates.
- Locate nearby shelters, and ask about animal care for pets.
- Meet with your family and discuss the need for preparedness.
- Learn emergency contact phone numbers.
- Make sure you have adequate insurance coverage.
- Teach children how and when to call 911, and what to say.
- Know how and when to turn off water, gas, and electric services at the source.
- Conduct a “home hazard hunt” to eliminate fire & life safety hazards.
- Stock emergency supplies and assemble a *Disaster Kit*.
- Take a first aid and CPR class.
- Determine “safe spots” in your home for each type of disaster.
- Develop a home escape plan; know two ways out of every room.
- Practice your plan—before you need it.
- Conduct fire and emergency evacuation drills.
- Test smoke alarms monthly. Be sure they are installed correctly.

## If Disaster Strikes

- Remain calm and be patient.
- Follow the advice of local emergency officials.
- Listen to your radio or television for news and instructions.
- Check for injuries. Give first aid and get help for seriously injured people.
- Check you home for damage using a flashlight. Do not light matches or candles or turn on electrical switches. If you smell gas or suspect a leak, turn off the main gas valve, open windows, and get everyone outside quickly. Shut off any other damaged utilities.
- Check on your neighbors, especially those who are elderly or disabled.
- Stay away from downed power lines.
- If local authorities ask you to leave your home, they have a good reason to make this request, and you should heed the advice immediately.
- Travel routes specified by local authorities—don't use shortcuts because certain areas may be impassable or dangerous.

## Emergency Supplies

- 3-day supply of water (1 gallon per person per day), and food that won't spoil.
- One change of clothing and shoes per person and one blanket or per person.
- First aid kit that includes family member's prescription medications.
- Emergency tools, such as an axe, pry bar, and shovel, and also, flashlight, and extra batteries.
- Extra vehicle keys and a credit card, cash, or travelers checks.
- Toilet paper, personal hygiene, and sanitation supplies.
- Special items for infant, elderly, or disabled family members.